



Participation in interscholastic athletics and related co-curricular programs contributes to the health, physical skills, instructional maturity, social competencies and moral values of our students. Athletics extend the educational experience while developing responsibility and cooperation.



www.trenton.k12.nj.us

TRENTON PUBLIC SCHOOLS ATHLETIC DEPARTMENT



Participation in a school sponsored sport is a privilege. Sports are important components in our total education program. Successful participation requires a high level of commitment, energy and maturity.

As our athletes will be representing our school, their standard of behavior should be one that exhibits **PRIDE, POLITENESS** and **RESPONSIBILITY**.

Adherence to the rules and policies set forth by the Trenton Public School District and the New Jersey State Interscholastic Athletic Association (www.njsiaa.org) is expected from **ALL** athletes.

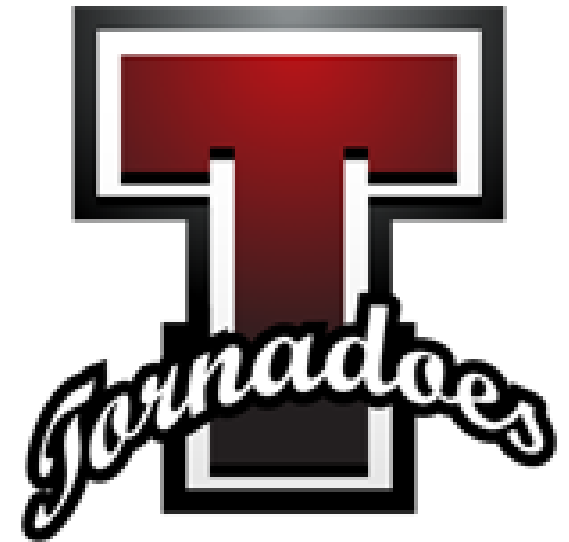
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David "Poppy" Sanderson, *Athletic Trainer*



TRENTON CENTRAL HIGH SCHOOL

ATHLETIC PROGRAM OFFERINGS



Sharron Grady, Athletic Director



We encourage students to participate during all seasons in a wide variety of individual and team sports

Fall Offerings

REQUIREMENTS

- ◆ A parental consent form signed by a parent or guardian
- ◆ Submit medical approval (either by school or family physician)
- ◆ Earn at least 30 credits from previous school year. (except Freshmen)



Fall Sports

Football (Freshman, Junior Varsity, Varsity)

Boys Soccer (Freshman, Junior Varsity, Varsity)

Girls Soccer (Junior Varsity, Varsity)

Boys & Girls Cross Country (Junior Varsity, Varsity)

Girls Tennis (Varsity)

Cheerleading (Junior Varsity, Varsity)

Winter Offerings



REQUIREMENTS

- ◆ A parental consent form signed by a parent or guardian
- ◆ Submit medical approval (either by school or family physician)
- ◆ Earn at least 15 credits during previous semester

Winter Sports

Boys & Girls Indoor Track

(Junior Varsity, Varsity)

Boys & Girls Basketball

(Freshman, Junior Varsity, Varsity)

Co-ed Swimming (Novice, Varsity)

Wrestling (Junior Varsity, Varsity)

Cheerleading (Junior Varsity, Varsity)

Spring Offerings

REQUIREMENTS

- ◆ A parental consent form signed by a parent or guardian
- ◆ Submit medical approval (either by school or family physician)
- ◆ Earn at least 15 credits during previous semester



Spring Sports

Boys & Girls Track (Junior Varsity, Varsity)

Softball (Junior Varsity, Varsity)

Baseball (Junior Varsity, Varsity)

Boys Tennis (Varsity)